



Stafford Pharmacy & Home Healthcare The Mortar & Pestle



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Special Edition - Pain Self Management

At Stafford Pharmacy, our goal is to help you improve your health! In order to do so, we are always searching for therapeutic products that bring technological innovation into the home. Advances are occurring rapidly so it's sometimes difficult to know which technology to invest in. Here are just a few promising products that our staff have found for your consideration.

Introducing NEW at home Ultrasound therapy!

Ultralieve™ is designed to effectively aid the repair of sprains and strains, and to relieve the pain and discomfort you get from them. It uses the same technology as physiotherapists use and has been adapted for home use. Ultralieve™ is designed to relieve pain by supporting the healing process to aid tissue repair. Whether it's gardening, cycling, looking after the kids, going for a long walk, or a physically demanding job, the ability to move with freedom is vital to your everyday life. Ultralieve™ supports your body's natural healing process so you can get back to your best. Ultralieve™ is easy to use: you simply apply the gel, select the time and mode (according to the chart included), and move Ultralieve™ over the skin's surface in a circular motion. Use once daily until symptoms are relieved!



Introducing NEW On-The-Go TENS therapy!

The wireless & rechargeable **Libera™ TENS by ProActive** relieves pain without drugs by stimulating and numbing the nerves. With only 3 buttons to operate the device, we can definitely say it is easy to use. ProActive offers a complete line of physiotherapy devices, clinically proven to relieve pain without drugs, including a full line-up of electrodes. Helps relieve pain from: arthritis, sciatica, neck & shoulder pain, leg, knee & foot pain, lower back pain, carpal tunnel syndrome, whiplash, groin strain, fibromyalgia, plantar fasciitis, tennis & golfer's elbow, diabetic neuropathy, degenerative disk pain, and more!



**STAFFORD
PHARMACY**
HOME HEALTHCARE
1475 St. Edward Boulevard
Lethbridge, Alberta
T1H 2P9

ENTER TO WIN!

Bring this ballot in to Stafford Pharmacy and place in our draw box before Aug 31st for your chance to win a **dr.cool™ ice and compression wrap!**
(see next page for details!)

Name: _____

Phone: _____

E-mail: _____



No Cash Equivalent - Limit of one entry per person



Welcome Baby Katelnikoff!

It's A Boy!

Jaclyn & Billy have a new arrival.

Baby arrived August 3rd at 9:15am

Rory Jack William

8lb 6oz & 21in.

Mom & baby are doing well at home. We're told as well that big brother Max is already watching over his young brother.



Product Spotlight! dr.cool™ Ice Wraps

Injuries happen, it's just a part of having fun, but life does not need to slow down for you to get better. Wrap your bumps, bruises, sprains and excuses in a dr.cool™ ice wrap. dr.cool™ is the first and only product to combine ice and compression in one flexible chemical-free injury wrap. Simply wet and freeze the dr.cool™ wrap for ice therapy - no ice packs or gels needed. Better yet, it is re-usable!!

Comfortably reduce swelling and shorten recovery times on-the-go or at home. dr.cool™ wraps are perfect for injuries, over exertion, fatigue, or repetitive motion ailments. Wrap your knee, elbow, calf, shoulder, or back. Wrap wrists sore from carpal tunnel, feet that have plantar fasciitis, runners knee, or shin splints. The list is endless. Get your wrap today at Stafford Pharmacy & Home Healthcare!!!



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