

Stafford Pharmacy and Home Healthcare

DECEMBER NEWS

Veterinary Medicine

Animals get sick too! Many people don't realize that animals develop diseases such as high blood pressure, thyroid disorders, epilepsy and arthritis just like humans do.

Keeping household pets healthy should be the goal of all pet owners! It is important to take your animal for annual vet check-ups to ensure they remain happy and healthy.

What happens if your pet gets sick?

If your pet develops strange behaviors or signs of illness, your animal should be taken to the veterinarian for a check-up. The veterinarian is the expert in diagnosing illness and disease in animals. Once they know what is wrong with the animal they may prescribe a medication to treat the condition.

Can't I just use over-the-counter medications for my animal (e.g. give Tylenol to my cat or dog?)?

Never give your animal a medication without consulting a veterinarian or a pharmacist with veterinary medicine training. Each species metabolizes medi-

cations differently. So, medications that are safe in humans may not be safe in animals, and medications safe for a dog may not be safe for a cat! For example if your animal is in pain, giving your cat one regular strength acetaminophen (Tylenol) tablet could be fatal to a cat and toxic to a dog.



How can Stafford Pharmacy help with your pets medication needs?

At Stafford Pharmacy our pharmacists have taken advanced training on veterinary medicine. If you have questions about your pet's current medications, please feel free to ask us.

Can I have my pet's prescription made at Stafford Pharmacy?

Hopefully! There are some medications that can only be ordered by a veterinarian, therefore we cannot meet every animals medication needs.

Do I need to take my pet to the vet before I can get a medication from the pharmacy?

Yes! For all medications dispensed for animals we require a prescription from a veterinarian. They are the experts at diagnosing your animal and we are the experts on medications!

What is the difference between medication for humans and medications for animals from Stafford Pharmacy?

At Stafford Pharmacy we are able to create custom dosage forms to meet the needs of all types of animals. For example, we can compound beef flavored liquid medications for dogs or tuna flavored for cats! We can also make medications in the form of flavored animal treats to make giving your pet his/her medication easier! There are many more unique dosage forms that we can prepare to specifically meet the needs of your pet whether it is a cat, dog, bird, reptile, rabbit, ferret etc.!

If you have any questions about medications for your pet ask the pharmacy staff!

Stafford Pharmacy and Home Healthcare—Holiday Hours

Friday December 24th - 9:00AM —5:00 PM

Saturday December 25th - CLOSED

Friday December 30th - 9:00AM —5:00 PM

Saturday January 1st - CLOSED

Rx Center— What do you do with your expired medications???

Do you have expired medications in your medicine cabinet? Confused about how to dispose of them? We can help!

Throwing expired medication into the garbage creates an environmental hazard. Medications that end up in the garbage can end up in our soil.

Flushing medications down the toilet used to be considered the best option. We now know that flushed medications end up

back in our water supply for us to drink. Another environmental hazard.



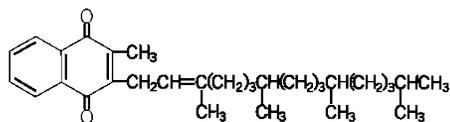
What do I do with my expired medications?

Bring all of your expired medication back to your pharmacy!! That includes all over-the-counter medications as well as prescription medications. Your pharmacy will ensure that your medications are disposed of in a way that does not pose a risk to our environment or the health of others!

Vitamin Spotlight— Vitamin K1

What is Vitamin K1?

Vitamin K1 (phytonadione) is a fat soluble vitamin.



What does Vitamin K do?

Vitamin K is essential for the function of several proteins involved in blood clotting. Vitamin K is also involved in bone mineralization.

How common is Vitamin K deficiency?

Deficiency is extremely rare as vitamin K is found in many foods.

What foods is Vitamin K found in?

High levels of vitamin K are found in green leafy vegetables. Olive oil, canola oil and soybean oil also

contain Vitamin K.

Who should consider supplementing with Vitamin K?

People eating well rounded healthy diets will get enough vitamin K. Adults aged 65 years and older should be sure to eat green vegetables and take a multi-vitamin. Most multi-vitamins contain a small amount of Vitamin K to ensure adequate intake.

Do any medications interact with Vitamin K?

Yes. Vitamin K is involved in helping blood clot. The anti-coagulant effect of the medication warfarin is due to its ability to inhibit the action of Vitamin K. People taking warfarin must be consistent in the amount of green vegetables they eat each day.

Vitamin K1 and treatment of overdose or toxicity with anti-coagulants.

Vitamin K1 is used to treat both humans and animals who have ingested too much anticoagulant.

When a person starts taking warfarin, finding the correct dose can be tricky. Rarely, vitamin K1 may be required to reverse the effects of warfarin when a person has taken too much.

Animals who accidentally ingest rodent poison are at risk of death due to bleeding. A veterinarian can prescribe Vitamin K1 to reverse the toxic effects of the poison.

At Stafford Pharmacy we compound oral versions of Vitamin K1 for the treatment of overdose for humans and animals!

Looking for the Products Recommended by the pharmacists at Stafford Pharmacy & Home Healthcare? Look for this symbol by products discussed in this newsletter!!! If you have any questions ask to speak with Jaclyn or Igor at the pharmacy counter today!



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Want to receive our monthly Newsletter via E mail? Ask to join our mailing list today!